



**Fire Chief
Dale Ekins**

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Fully Involved

VOLUME XXIX

OCTOBER 2012

BEST JOB IN THE WORLD

What's Really Important?

I recently returned from a routine doctor's appointment where my doctor did a number of routine tests, asked a lot of questions, reviewed my medications, and quizzed me about my lifestyle. I consult with my doctor about my health 3-4 times a year to make sure I am on the right track with my health and to "catch" any health problems before they get serious. I am not real excited about screenings for cancer, but there are worse exams. People my age are counseled to do the same instead of waiting for a disease or serious health problem. Health problems are something we may face in differing levels of severity. There are many things we can consider to assist in our long term health. We have all been taught about these things but still neglect to take care of ourselves.

- 1) Proper Diet (minimum fast food)
- 2) Regular exercise (not just the days you work)
- 3) Rest (your off days especially)
- 4) Proper use of PPE (personal protective equipment)
- 5) Without fail, obey ALL safety policies when training and during incidents
- 6) Wear seat belts while on duty and in your private vehicle



These are important, but even more important and timely, is your significant other and family. You have a schedule that is very conducive to being able to spend time at home with your loved ones. Most of us have to work another job to help with vacations and extras that we like to provide our families. I would like to caution all of you to plan to take time for those in your life that you are working for. We all tend to focus on making money and forget how fast time goes by. Our kids get raised and we miss out on much of their lives because of our work. I can't remember my father ever attending one of my high school football games as he was always at work. We had a large family and he felt that his

wages were an important part of raising our family. I would have preferred him to be there supporting me some of the time. Our wives also need help in raising and disciplining our children. I can tell you from experience that you may have many regrets as you look back in life and realize how much time we spend away from our families.



Our physical health is very important and we need to focus on that for our long term health. We need to re-dedicate ourselves to working on those 6 items mentioned above to make sure we are able to perform our jobs on a daily basis. We cannot contribute to our “team” if we are in poor health. We can put everyone in harm’s way by not preparing ourselves physically for our jobs.

As you plan your next year’s schedule, please add in time for you and your wife, as well as a vacation with your whole family. I realize that most of us need to work somewhere else to help with our life’s plans but let’s all try and take care of our home life.

FIREFIGHTER OF THE QUARTER

We are proud to announce that Firefighter Tee Hover was awarded Firefighter of the Quarter. In his nomination memo, his Captain, Ernie Curwen has this to say, “On June 25, 2012, Tee Hover volunteered at a moments notice to be part of a wildland strike team. He was sent to several incidents across Utah including the Wood Hollow Fire, Rosecrest Fire and Shingle Fire as part of a type one engine strike team. He fulfilled the role of Engineer and performed above and beyond expectations for the entire deployment which lasted through July 18, 2012.

For last two months Firefighter Hover has been working with Cory Taylor on retrofitting Brush Truck 81 and Brush Truck 82. He has mounted new tool boxes and has reorganized the equipment cache on both brush trucks. Also, he has made a new equipment inventory check off list for the brush trucks. He has brought his own personal tools to the station to fabricate a hand tool equipment rack for each brush truck. Tee has come in off duty to work on this project, spending his own personal time working at the station.

As I have observed Tee over the past month’s the professionalism he has demonstrated is a great example of how fire personnel should act. Whether in the firehouse, on an emergency scene, or in everyday life. Tee represents the Lehi City Fire Department as an outstanding individual and example to his fellow firefighters.

It is without reservation that I nominate FF/EMT I Samuel Tee Hover for this well-deserved honor.”

Congratulations Tee on this well deserved award!



Firefighter Tee Hover



Captain Kim Beck

Omaha Fire Department Truck Academy

On Sunday, September 16, Tim Robinson, Kevin Beck, and I left for Omaha, Nebraska to attend Fire Towns Truck Academy. Chief Ed Hadfield's Fire Town has a great reputation with their officer development academy and their truck academy, so I knew it was going to be first rate.

The class was held at Omaha Fire's brand new Public Safety Training Center. The training center was equipped with a training tower, a full commercial roof prop, a driving range, and a huge classroom area. At the same time as Truck Academy, there was also a Fire Recruit class, a Police Recruit class, and SWAT training. The training center was so big that we never encountered the other groups.

Omaha Fire Department and Assistant Chief Shane Hunter was the host for the academy. They are a top notch department, with over 30 stations, and heavily committed to training. We were able to train with Truck 31 and Truck 21. Fire Town is based in southern California. The instructors were experienced and highly knowledgeable: Chris Vaughn - Truck Captain from Salinas, CA, Steve Reno - Truck Firefighter from the Seattle area, and Battalion Chief Tim Linke - from Lincoln, Nebraska.

During this week long academy, we spent a lot of time on vertical ventilation and on the commercial roof prop cutting holes. While I'm still a huge proponent of the Positive Pressure attack, and had to defend that to the instructors, I began to realize that top side ventilation could be a tool in Lehi Fire Departments tool box..... Well maybe.

Other subjects covered were high density forcible entry, the softening of structures for RIT operations, forcible entry on commercial structures, ladder packages, and one of my favorites was wide area search for victims or firefighters. The last day was spent running scenarios putting all the skills together that we learned during the week.

In the past I thought truck work was setting up the aerial and spraying water with the master stream. While at this academy, we learned real "truck" work. Our time in Omaha was well spent. We learned a lot, made a lot of good friends, and we are ready to pass on our new knowledge to the rest of the department.



One last thought..... I have always believed the tactics we chose on the fire ground should be based on our local building construction, our available resources, fire behavior and experience of our fire personnel. This class has given us tools to add to the variety of tools in a tool box. It's important to know that the skills we learned at Omaha or from other large metropolitan departments are "a" way and not necessarily "the" way to fight fire.



“PROUDLY WE SERVE”

I had the opportunity a few weeks ago to go through the Engineer promotional process. As I began to prepare for the interview portion of the testing, I sat down and started to think what it really meant to me to be a Firefighter for Lehi City. So I pulled up the Lehi City Fire Department Mission Statement:

The mission of the Lehi Fire Department is to provide a wide range of Services to the community designed to protect and preserve life, Property, and the environment, through planning, prevention, Education and response. We are committed to excellence in the Delivery of these services: “Proudly We Serve.”

As I was reading through it, I came to the last three words “Proudly We Serve”. These words stuck out in my mind to be the most significant. I am truly proud to be able to wear the Lehi Fire Department logo on my back, day in and day out, representing the community and department in the best way I know how. With that being said, I encourage everybody to take a few minutes and reflect on the Mission Statement and what it means to you and how you can live up to the mission of the Lehi Fire Department.



**Firefighter
Trent Stanley**



Featured Call

On September 25 at 0310 station 82 was dispatched to I-15 mile marker 285 northbound for a report of a car fire. Tower 82, Ambulance 82, and brush truck 82 responded. Upon our arrival there was a semi-truck on the side of the freeway that was hauling cars that had been crushed. The cars were in piles of about five vehicles high and were stacked upon each other. The pile that was the closest to the rear of the trailer was completely involved with fire. Engine

Firefighter Brett Fraser

81 was on a call so Lone Peak Tower 201 was called to assist. Captain Tim Robinson took command while Firefighter Kevin Beck pulled the hose off of the front bumper. Firefighter Fraser came and assisted firefighter Beck on the line. The fire would be knocked down but would flare back up due to the fact that we could not get to the seat of the fire which was in the smashed cars. We tried to foam the fire but we still had trouble reaching the seat of the fire. We would go from side to side and knock down the fire as the other side would flare up. Tower 82 ran out of water so we kept knocking it down with Brush 82. When Lone Peak arrived, they pulled one of their lines and started to fight the fire. Tower 82 went to find a hydrant to fill up their tank. While they were gone Lone Peak and Brush 82 kept the fire in check. Tower 82 got back and it was decided that we needed to find a hydrant and get the truck to a location where the cars could be unloaded. The cars could not be unloaded on the freeway due to the embankment on the side of the freeway. It was decided that we would drive the truck up to the Draper exit and find a place to unload the cars. Brush 82 and Lone Peak went to find a hydrant and to set up a place where we could unload the cars. Tower 82 and Ambulance 82 stayed back with the semi-truck and knocked the fire down. With one of the rear trailer tires blown, the truck then started to drive down I-15 with a police escort to the next exit.

While the truck drove down the freeway, the fire flared back up. It was quite a site to see the truck with a fireball coming from the cars on the trailer with a parade of police cars, Tower 82, and Ambulance 82 following the truck. Brush 82 found a spot by a hydrant with a nice open area. The truck drove to the open area and Lone Peak was waiting with their hoses to knock down the fire. Help to remove the cars finally arrived. They chained the pile of cars to the ball on a pick-up truck. The pick-up truck then gunned it and pulled the pile of cars off of the trailer. The bottom car where the seat of the fire was located was then pulled away from the pile in a similar way. With the car being crunched on the top, it was difficult to gain access to the cab where the fire was. The K-12 was brought out and the roof was cut. We were able to pull the roof of the car up where the fire was located and we were finally able to put the fire out.

The fire appeared to have started from the trailers brakes. Wood decking was what the trailer was made out of. We cleaned up our equipment and finally made it back to the station after three long hours of fighting the "beast."

Pre-Plan Department of Workforce Services

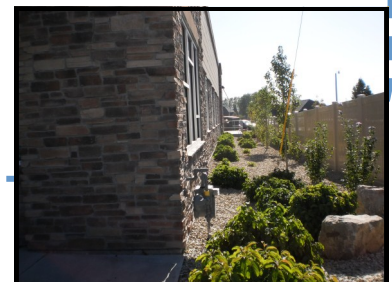
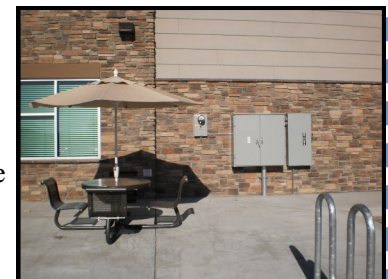
This month the preplan is on the Department of Workforce Services building located at 557 West State Street. The building is a single story type 5 light weight construction with cultured stone on the exterior. For this article we will consider the “A” side to be the State

Street side. Your main entrance to the building will be on the “B” side. That is also where you will find the Knox Box. It is located to the right of the main doors. As you enter the building the annunciator panel is between the doors to your left. The front part of the building is a large common area with multiple cubicles and to the rear of the building are offices and class

rooms. On the “C” side of the interior you will find the Electrical room/Roof access. In here you will also find the main alarm panel. Also note this building is not sprinklered. Around the “C” side is the location of the main power shut off. The gas main is on the “D” side near the “A,D” corner. The nearest Hydrant is located on State Street next to the entrance to the parking lot. One thing to consider is the business hours. They are open Monday through Friday 8-5. During this time it is very congested with cars and there is only one way in and out of the parking lot.



Engineer Ricky Casper



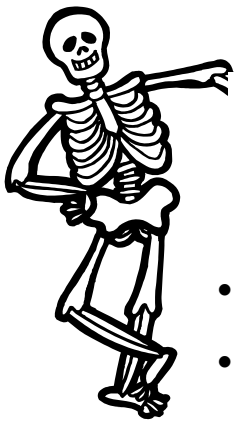
Call Totals for the Month of September...

Station 81

Fire: 38
Medical: 82
Total: 120

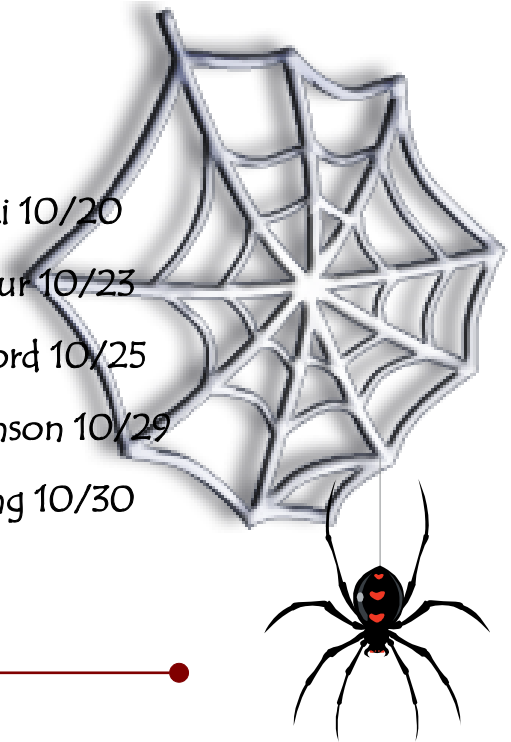
Station 82

Fire: 28
Medical: 44
Total: 72




Birthdays

- Kerry Evans 10/2
- Cory Campbell 10/10
- Weston Adams 10/11
- Kurt Walker 10/13
- Randy Wells 10/20
- Ryan Rieski 10/20
- Scott Wilbur 10/23
- Clark Clifford 10/25
- Justin Monson 10/29
- Peter Young 10/30



The Lehi Fire Department will be hosting an **open house on Saturday October 13th, 11:00am – 1:00pm at Station 81 (176 N. Center Street)** to promote “Have Two Ways Out!” Through these educational, family-oriented activities, residents can learn more about the importance of fire escape planning and practice, as well as the power of prevention.

OCTOBER 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Payroll	2	3	4	5	6 Bountiful Bas- kets Food Co-op - station 82
7	8	9 Fire RMS Training	10	11 Officer's Meeting @ station 82 Fire RMS Taining	12 Fire RMS Training	13 Fire Prevention Open House 11am-1pm Bountiful Baskets
Fire Prevention Week - Have Two Ways Out						
14	15 Payroll	16	17	18	19	20 Bountiful Bas- kets Food Co-op - station 81 & 82
21	22	23	24	25	26	27 Bountiful Bas- kets Food Co-op - station 81 & 82
28	29 Payroll	30	31  Happy Halloween			